

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday to: Susan Sehn (2/2), Margaret Saunders (2/4), Kim Nomura (2/7), Dennis Thorsen (2/9), Carlene Sutherland (2/13), Hal Boddy (2/16), Kay Lorance (2/16), Carol Langley (2/20), and Ben Harada (2/23)			9:45 Stay Fit (VP) 1 1:15 Resident Council Meeting (VP) 3:00 Bingo (AS) 4:15 Walking Club (SL)	9:45 Stay Fit (VP) 2 1:00 What's Happening? (VP) 2:00 Movie: The Good Cop (MT) 3:00 Appetite for Adventure (AS) 4:15 Walking Club (SL) 6:30 Social Café (VP)	9:45 Stay Fit (VP) 3 1:00 Chair Chi w/ Garry Choy (VP) 3:00 Happy Hour w/ Davitt Felder (SL) 4:15 Walking Club (SL) 6:30 Social Café (VP)	9:45 Stay Fit (VP) 4 1:00 Wheel of Fortune (MT) 2:00 Movie: Our Souls at Night (MT) 3:00 Bingo (AS) 4:15 Walking Club (SL) 6:30 Social Café (VP)
10:00 Stay Fit (VP) 5 10:15 Holy Communion (SL) 1:00 Hot Cocoa Social w/ Sharon Abrams (SL) 3:00 Pretty Nails (MT) 4:15 Walking Club (SL)	9:45 Stay Fit (VP) 6 1:00 Mind Fit (VP) 2:00 Resident's Movie Choice (MT) 3:00 Bingo (AS) 4:15 Walking Club (SL)	9:45 Chair Zumba (VP) 7 1:00 Bible Explorers (VP) 1:00 Flower Arranging (AS) 2:00 Movie: Since You Went Away (MT) 3:00 Arts & Crafts (AS) 4:15 Walking Club (SL)	9:45 Stay Fit (VP) 8 1:15 Activity Planning Meeting (VP) 3:00 Bingo (AS) 4:15 Walking Club (SL)	9:45 Stay Fit (VP) 9 1:00 Literature for Fun 101 (VP) 2:00 Movie: By the Sea (MT) 3:00 Let's Make Cocktails (AS) 4:15 Walking Club (SL) 6:30 Social Café (VP)	9:45 Stay Fit (VP) 10 1:00 Chair Chi w/ Garry Choy (VP) 3:00 Happy Hour w/ Jordan Preston (SL) 4:15 Walking Club (SL) 6:30 Social Café (VP)	9:45 Stay Fit (VP) 11 1:00 Jeopardy (MT) 2:00 Movie: She's Funny that Way (MT) 3:00 Bingo (AS) 4:15 Walking Club (SL) 6:30 Social Café (VP)
10:00 Stay Fit (VP) 12 10:15 Holy Communion (SL) 1:00 Hot Cocoa Social (SL) 3:00 Super Bowl Party (SL) 4:15 Walking Club (SL)	9:45 Stay Fit (VP) 13 1:00 Trivia (SL) 2:00 Resident's Movie Choice (MT) 3:00 Bingo Bonanza (AS) 4:15 Walking Club (SL)	9:45 Chair Zumba (VP) 14 1:00 Bible Explorers (VP) 1:00 Flower Arranging (AS) 2:00 Movie: Nappily Ever After (MT) 3:00 Gametime (AS) 4:15 Walking Club (SL) <i>Valentine's Day</i>	9:45 Stay Fit (VP) 15 1:15 Sing along w/ Dana D. (SL) 3:00 Black History Month Social (SL) 4:15 Walking Club (SL)	9:45 Stay Fit (VP) 16 1:00 Charade's w/ Sam (SL) 2:00 Movie: Twins (MT) 3:00 Appetite for Adventure (AS) 4:15 Walking Club (SL) 6:30 Social Café (VP)	9:45 Stay Fit (VP) 17 1:00 Chair Chi w/ Garry Choy (VP) 3:00 Happy Hour w/ Dan Olivo (SL) 4:15 Walking Club (SL) 6:30 Social Café (VP)	9:45 Stay Fit (VP) 18 1:00 Live Wheel of Fortune (SL) 2:00 Movie: The Sting (MT) 3:00 Bingo (AS) 4:15 Walking Club (SL) 6:30 Social Café (VP)
10:00 Stay Fit (VP) 19 10:15 Holy Communion (SL) 1:00 Hot Cocoa Social w/ Mark Rosen (SL) 3:00 Pretty Nails (MT) 4:15 Walking Club (SL)	9:45 Stay Fit (SL) 20 1:00 Mind Fit (VP) 2:00 Resident's Movie Choice (MT) 3:00 Bingo (AS) 4:15 Walking Club (SL) <i>Presidents' Day (US)</i>	9:45 Chair Zumba (VP) 21 1:00 Bible Explorers (VP) 1:00 Flower Arranging (AS) 2:00 Movie: The Four Seasons (MT) 3:00 Mardi Gras Celebration and Parade (SL) 4:15 Walking Club (SL) <i>Mardi Gras</i>	9:45 Stay Fit (VP) 22 1:15 Food Committee Meeting (VP) 3:00 Bingo (AS) 4:15 Walking Club (SL) <i>Ash Wednesday</i>	9:45 Stay Fit (VP) 23 1:00 What's Happening? (VP) 2:00 Movie: To Sir with Love (MT) 3:00 Let's Make Cocktails (AS) 4:15 Walking Club (SL) 6:30 Social Café (VP)	9:45 Stay Fit (VP) 24 1:00 Chair Chi w/ Garry Choy (VP) 3:00 Happy Hour w/ Mark Cole (SL) 4:15 Walking Club (SL) 6:30 Social Café (VP)	9:45 Stay Fit (VP) 25 1:00 Live Jeopardy (SL) 2:00 Movie: Dog Gone (MT) 3:00 Bingo (AS) 4:15 Walking Club (SL) 6:30 Social Café (VP)
10:00 Stay Fit (VP) 26 10:15 Holy Communion (SL) 1:00 Hot Cocoa Social (SL) 3:00 Pretty Nails (MT) 4:15 Walking Club (SL)	9:45 Stay Fit (VP) 27 1:00 Trivia (SL) 2:00 Resident's Movie Choice (MT) 3:00 Bingo (AS) 4:15 Walking Club (SL)	9:45 Stay Fit (VP) 28 1:00 Bible Explorers (VP) 1:00 Flower Arranging (AS) 2:00 Movie: Mandela (MT) 4:15 Walking Club (SL)	<h1>February 2023</h1>			

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Happy Birthday to: Ken Burrows (2/22)

<p>9:45 Chair Zumba (H) 5 10:00 Devotion (S) 12:30 Faces & Places (A) 1:00 Hot Cocoa Social (E) 2:00 Snack & Trivia (I) 3:00 Paint in the Courtyard (N) 5:00 Movie Night (P)</p>	<p>9:45 Morning Exercise (H) 6 10:00 Color Fun (A) 12:30 Spa Day (P) 1:00 Nature Walk (N) 2:00 Rest & Relax (H) 3:00 Fabric Sorting (A) 5:00 Evening Movie (P)</p>	<p>9:45 Morning Exercise (H) 7 10:00 Puzzle Time (I) 12:30 Music Therapy w/ David Kauffman (P) 1:00 Nature Walk (N) 2:00 Hydration Break (I) 3:00 Ever Sound/ Painting(A) 5:00 Evening Movie (P)</p>	<p>9:45 Chair Zumba (H) 1 10:00 Color Sort (P) 12:30 Rest & Relax (H) 1:30 Nature Walk (N) 2:00 Cookie Decorating (I) 3:00 Fabric Sorting (A) 5:00 Evening Movie (P)</p>	<p>9:45 Morning Exercise (H) 2 10:00 Color Fun (A) 12:30 Spa Day (P) 1:00 Nature Walk (N) 2:00 Rest & Relax (H) 3:00 Fabric Sorting (A) 5:00 Evening Movie (P)</p> <p style="text-align: center;">Groundhog Day</p>	<p>9:45 Morning Exercise (H) 3 10:00 Devotion (S) 12:30 Flower Arranging (N) 1:30 Guess the Silhouette (A) 2:00 Snack & Chat (I) 3:00 Happy Hour w/ Davitt Felder (SL) 5:00 Movie Night (S)</p>	<p>9:45 Morning Exercise(H) 4 10:00 Color Fun (A) 12:30 Rest & Relax (P) 1:30 Hangman (I) 2:30 Afternoon Snack (P) 3:00 Let's Fidget (A) 5:00 Free Choice Activity (I)</p>
<p>9:45 Chair Zumba (H) 5 10:00 Devotion (S) 12:30 Faces & Places (A) 1:00 Hot Cocoa Social (E) 2:00 Snack & Trivia (I) 3:00 Paint in the Courtyard (N) 5:00 Movie Night (P)</p>	<p>9:45 Morning Exercise (H) 6 10:00 Color Fun (A) 12:30 Spa Day (P) 1:00 Nature Walk (N) 2:00 Rest & Relax (H) 3:00 Fabric Sorting (A) 5:00 Evening Movie (P)</p>	<p>9:45 Morning Exercise (H) 7 10:00 Puzzle Time (I) 12:30 Music Therapy w/ David Kauffman (P) 1:00 Nature Walk (N) 2:00 Hydration Break (I) 3:00 Ever Sound/ Painting(A) 5:00 Evening Movie (P)</p>	<p>9:45 Chair Zumba (H) 8 10:00 Color Fun (A, P) 12:30 Spa Day (P) 1:30 Nature Walk (N) 2:00 Rest & Relax (I) 3:00 Fabric Sorting (A, P) 5:00 Evening Movie (P)</p>	<p>9:45 Morning Exercise (H) 9 10:00 Color Fun (A) 12:30 Spa Day (P) 1:00 Nature Walk (N) 2:00 Rest & Relax (H) 3:00 Fabric Sorting (A) 5:00 Evening Movie (P)</p>	<p>9:45 Morning Exercise (H)10 10:00 Devotion (S) 12:30 Flower Arranging (N) 1:30 Guess the Silhouette (A) 2:00 Snack & Chat (I) 3:00 Happy Hour w/ Jordan Preston (SL) 5:00 Movie Night (S)</p>	<p>9:45 Morning Exercise (H)11 10:00 Color Fun (A) 12:30 Rest & Relax (P) 1:30 Hangman (I) 2:30 Afternoon Snack (P) 3:00 Let's Fidget (A) 5:00 Free Choice Activity (I)</p>
<p>9:45 Chair Zumba (H) 12 10:00 Devotion (S) 12:30 Faces & Places (A) 1:00 Hot Cocoa Social (E) 2:00 Snack & Trivia (I) 3:00 Paint in the Courtyard (N) 5:00 Movie Night (P)</p>	<p>9:45 Morning Exercise (H)13 10:00 Color Fun (A) 12:30 Spa Day (P) 1:00 Nature Walk (N) 2:00 Rest & Relax (H) 3:00 Fabric Sorting (A) 5:00 Evening Movie (P)</p>	<p>9:45 Morning Exercise (H)14 10:00 Puzzle Time (I) 12:30 Rest and Relax (P) 1:00 Nature Walk (N) 2:00 Hydration Break (I) 3:00 Ever Sound/ Painting(A) 5:00 Evening Movie (P)</p> <p style="text-align: center;">Valentine's Day</p>	<p>9:45 Chair Zumba (H) 15 10:00 Color Sort (P, A) 12:30 Rest & Relax (P) 1:00 Nature Walk (N) 2:00 Pet Therapy (E) 3:00 Fabric Sorting (P, A) 5:00 Evening Movie</p>	<p>9:45 Morning Exercise (H)16 10:00 Color Fun (A) 12:30 Spa Day (P) 1:00 Nature Walk (N) 2:00 Rest & Relax (H) 3:00 Fabric Sorting (A) 5:00 Evening Movie (P)</p>	<p>9:45 Morning Exercise (H)17 10:00 Devotion (S) 12:30 Flower Arranging (N) 1:30 Guess the Silhouette (A) 2:00 Snack & Chat (I) 3:00 Happy Hour w/ Dan Olivo (SL) 5:00 Movie Night (S)</p>	<p>9:45 Morning Exercise(H) 18 10:00 Color Fun (A) 12:30 Rest & Relax (P) 1:30 Hangman (I) 2:30 Afternoon Snack (P) 3:00 Let's Fidget (A) 5:00 Free Choice Activity (I)</p>
<p>9:45 Chair Zumba (H) 19 10:00 Devotion (S) 12:30 Faces & Places (A) 1:00 Hot Cocoa Social (E) 2:00 Snack & Trivia (I) 3:00 Paint in the Courtyard (N) 5:00 Movie Night (P)</p>	<p>9:45 Morning Exercise (H)20 10:00 Color Fun (A) 12:30 Spa Day (P) 1:00 Nature Walk (N) 2:00 Rest & Relax (H) 3:00 Fabric Sorting (A) 5:00 Evening Movie (P)</p> <p style="text-align: center;">Presidents' Day (US)</p>	<p>9:45 Morning Exercise (H)21 10:00 Puzzle Time (I) 12:30 Rest and Relax (P) 1:00 Nature Walk (N) 2:00 Hydration Break (I) 3:00 Ever Sound/ Painting(A) 5:00 Evening Movie (P)</p> <p style="text-align: center;">Mardi Gras</p>	<p>9:45 Chair Zumba (H) 22 10:00 Color Fun (A) 12:30 Spa Day (P) 1:00 Feel the Beat (E, A, S) 2:00 Cricut Fun (A, P, S) 3:00 Bracelet Making (P, A) 5:00 Evening Movie (P)</p> <p style="text-align: center;">Ash Wednesday</p>	<p>9:45 Morning Exercise (H)23 10:00 Color Fun (A) 12:30 Spa Day (P) 1:00 Nature Walk (N) 2:00 Rest & Relax (H) 3:00 Fabric Sorting (A) 5:00 Evening Movie (P)</p>	<p>9:45 Morning Exercise (H)24 10:00 Devotion (S) 12:30 Flower Arranging (N) 1:30 Guess the Silhouette (A) 2:00 Snack & Chat (I) 3:00 Happy Hour w/ Mark Cole (SL) 5:00 Movie Night (S)</p>	<p>9:45 Morning Exercise(H) 25 10:00 Color Fun (A) 12:30 Rest & Relax (P) 1:30 Hangman (I) 2:30 Afternoon Snack (P) 3:00 Let's Fidget (A) 5:00 Free Choice Activity (I)</p>
<p>9:45 Chair Zumba (H) 26 10:00 Devotion (S) 12:30 Faces & Places (A) 1:00 Hot Cocoa Social (E) 2:00 Snack & Trivia (I) 3:00 Paint in the Courtyard (N) 5:00 Movie Night (P)</p>	<p>9:45 Morning Exercise (H)27 10:00 Color Fun (A) 12:30 Spa Day (P) 1:00 Nature Walk (N) 2:00 Rest & Relax (H) 3:00 Fabric Sorting (A) 5:00 Evening Movie (P)</p>	<p>9:45 Morning Exercise (H)28 10:00 Puzzle Time (I) 12:30 Music Therapy w/ David Kauffman (P) 1:00 Nature Walk (N) 2:00 Hydration Break (I) 3:00 Ever Sound/ Painting(A) 5:00 Evening Movie (P)</p>	<h1>February 2023</h1>			

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Happy Birthday to: Ken Burrows (2/22)

<p>9:45 Chair Zumba (H) 5 10:00 Devotion (S) 12:30 Faces & Places (A) 1:00 Hot Cocoa Social (SL) 2:00 Jenga (A) 3:00 Music Therapy (I) 5:00 Movie Night (P)</p>	<p>9:45 Morning Exercise(H) 6 10:00 Devotion (S) 12:00 Manicures & Hand Massages (P) 1:00 Mind Fit (P) 2:00 Snack & Chat (I) 3:00 Rolling in the Dough (A) 5:00 Rest & Relax (H, P)</p>	<p>9:45 Morning Exercise (H) 7 10:00 Color Fun (A) 12:30 Music Therapy w/ David Kauffman (P) 1:00 Nature Walk (N) 2:00 Rest & Relax (H, P) 3:00 Ever Sound/ Trivia (A, S, P) 5:00 Evening Movie (P)</p>	<p>9:45 Chair Zumba (H) 8 10:00 Color Fun (A) 11:00 Lunch 12:30 Spa Day (I) 1:30 Nature Walk (N) 3:00 Cookie Decorating (A) 4:00 Dinner 5:00 Evening Movie (P)</p>	<p>9:45 Morning Exercise(H) 2 10:00 Devotion (S) 12:00 Manicures & Hand Massages (P) 1:00 Mind Fit (P) 2:00 Snack & Chat (I) 3:00 Ever Sound/ Painting (A) 5:00 Rest & Relax (H, P) Groundhog Day</p>	<p>9:45 Morning Exercise (H) 3 10:00 Devotion (S) 12:30 Flower Arranging (N) 1:30 Bubble Fun (A) 2:00 Snack & Chat (I) 3:00 Happy Hour w/ Davitt Felder (SL) 5:00 Movie Night (S)</p>	<p>9:45 Morning Exercise (H) 4 10:00 Baking (P) 12:30 Rest & Relax (P) 1:30 Hangman (A) 2:30 Afternoon Snack (S) 3:00 Painting (A) 5:00 Free Choice Activity (I)</p>
<p>9:45 Chair Zumba (H) 12 10:00 Devotion (S) 12:30 Faces & Places (A) 1:00 Sing along (E) 2:00 Snack & Trivia (I) 3:00 Paint in the Courtyard (N) 5:00 Movie Night (P)</p>	<p>9:45 Morning Exercise(H) 13 10:00 Devotion (S) 12:00 Manicures & Hand Massages (P) 1:00 Mind Fit (P) 2:00 Snack & Chat (I) 3:00 Rolling in the Dough (A) 5:00 Rest & Relax (H, P)</p>	<p>9:45 Morning Exercise (H) 14 10:00 Puzzle Time (A) 12:30 Spa Day (P) 1:00 Nature Walk (N) 2:00 Rest & Relax (H) 3:00 Ever Sound/ Painting (A, P) 5:00 Evening Movie (P) Valentine's Day</p>	<p>9:45 Chair Zumba (H) 15 10:00 Color Fun (A) 12:30 Spa Day (I) 1:00 Feel the Beat (E) 2:00 Hair Styling (I) 3:00 Bracelet Making (A) 5:00 Evening Movie (P)</p>	<p>9:45 Morning Exercise(H) 16 10:00 Devotion (S) 12:30 Faces & Places (A) 1:00 Sing along (E) 2:00 Snack & Trivia (I) 3:00 Paint in the Courtyard (N) 5:00 Movie Night (P)</p>	<p>9:45 Morning Exercise (H)17 10:00 Devotion (S) 12:30 Flower Arranging (N) 1:30 Bubble Fun(A) 2:00 Snack & Chat (I) 3:00 Happy Hour w/ Jordan Preston (SL) 5:00 Movie Night (S)</p>	<p>9:45 Morning Exercise (H)18 10:00 Baking (P) 12:30 Rest & Relax (P) 1:30 Hangman (A) 2:30 Afternoon Snack (S) 3:00 Painting (A) 5:00 Free Choice Activity (I)</p>
<p>9:45 Chair Zumba (H) 19 10:00 Devotion (S) 12:00 Expressive Art (E) 1:00 Hot Cocoa Social (SL) 2:00 Snack & Trivia (I) 3:00 Paint in the Courtyard (N) 5:00 Movie Night (P)</p>	<p>9:45 Morning Exercise(H) 20 10:00 Devotion (S) 12:00 Manicures & Hand Massages (P) 1:00 Mind Fit (P) 2:00 Snack & Chat (I) 3:00 Rolling in the Dough (A) 5:00 Rest & Relax (H, P) Presidents' Day (US)</p>	<p>9:45 Morning Exercise (H)21 10:00 Color Fun (A) 12:30 Spa Day (P) 1:00 Nature Walk (N) 2:00 Rest & Relax (H, P) 3:00 Ever Sound/ Trivia (A, S, P) 5:00 Evening Movie (P) Mardi Gras</p>	<p>9:45 Chair Zumba (H) 22 10:00 Color Fun (A) 12:30 Spa Day (I) 1:00 Feel the Beat (E) 2:00 Hair Styling (I) 3:00 Bracelet Making (A) 5:00 Evening Movie (P) Ash Wednesday</p>	<p>9:45 Morning Exercise(H) 23 10:00 Devotion (S) 12:00 Manicures & Hand Massages (P) 1:00 Mind Fit (P) 2:00 Snack & Chat (I) 3:00 Rolling in the Dough (A) 5:00 Rest & Relax (H, P)</p>	<p>9:45 Morning Exercise (H)24 10:00 Devotion (S) 12:30 Flower Arranging (N) 1:30 Guess the Silhouette (A) 2:00 Snack & Chat (I) 3:00 Happy Hour w/ Mark Cole (SL) 5:00 Movie Night (S)</p>	<p>9:45 Morning Exercise (H)25 10:00 Puzzle Time (A) 12:30 Spa Day (I) 1:00 Nature Walk (N) 2:00 Rest & Relax (H) 3:00 Ever Sound/ Trivia (P) 5:00 Evening Movie (P)</p>
<p>9:45 Chair Zumba (H) 26 10:00 Devotion (S) 12:30 Faces & Places (A) 1:00 Sing along (E) 2:00 Snack & Trivia (I) 3:00 Paint in the Courtyard (N) 5:00 Movie Night (P)</p>	<p>9:45 Morning Exercise(H) 27 10:00 Devotion (S) 12:00 Manicures & Hand Massages (P) 1:00 Mind Fit (P) 2:00 Snack & Chat (I) 3:00 Rolling in the Dough (A) 5:00 Rest & Relax (H, P)</p>	<p>9:45 Morning Exercise (H)28 10:00 Color Fun (A) 12:30 Music Therapy w/ David Kauffman (P) 1:00 Nature Walk (N) 2:00 Rest & Relax (H, P) 3:00 Ever Sound/ Trivia (A, S, P) 5:00 Evening Movie (P)</p>	<h1>February 2023</h1>			